

EDAS Training

Bespoke Courses and Workshops

The EDAS Learning Centre can offer bespoke packages to schools, colleges and other organisations within the field, in business or in the community.



Training Opportunities

EDAS delivers a wide range of training opportunities that can be made bespoke to your organisational needs. We offer a variety of workshops that we have successfully delivered, but a combination of any of these (or topics that you feel are relevant) can be put together to create a training programme that is fit for purpose for your requirements.

Contact Us

For further information on our Bespoke courses offer contact us on:

 EDAS Training Centre
54a Ashley Road
Parkstone, Poole
Dorset BH14 9BN

 01202 743279

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 www.edasuk.org



EDAS
Better Together



ilm
Approved
Centre

nocn
CREATING OPPORTUNITIES



WORKSHOPS INCLUDE:

- Alcohol & Brief Interventions
- Basic Drug Awareness
- Drugs & Young People
- Harm Minimisation & Overdose Awareness
- Relapse Prevention
- Gambling as an Addiction
- Child Development
- Sugar Addiction
- General Risk Management



Bespoke Training - Available Courses and Workshops

Alcohol & Brief Interventions

To understand the risks and effects of alcohol use. To increase awareness of screening techniques and brief interventions appropriate for alcohol use.

Basic Drug Awareness

To explore the different types of drugs commonly used and their risks and effects. To consider motivation behind drug use and the impact of drugs on the individual and on society.

Drugs & Young People

To understand teenage brain development and how it is effected by drug use. To raise awareness of how to engage with young people. To explore drugs commonly used by young people. How to recognise signs and symptoms of drug use.

Legal Highs

To raise awareness of novel psycho-active substances and legal highs. To explore their impact on society and the risks attached to using them.

Harm Minimisation & Overdose Awareness

To raise awareness of the risks attached to substance misuse. To explore reducing risks associated with specific drugs.

Children of Substance Using Parents

To raise awareness of problems associated within families where parents use substances. To look at the impact upon the children and on the family as a whole. To explore how to engage with these children.

Tobacco, Cannabis & Shisha

To look at the risks and effects associated with these particular drugs. To explore the history and future of smoking.

Relapse Prevention

To understand the theories and motivations connected to relapse and recovery

Introduction to Motivational Interviewing

To introduce the core features of Motivational Interviewing and explore how this very effective technique can be used.

Crack, Cocaine & Heroin

To look at the history of these drugs.
To raise awareness of specific risks and effects associated with these drugs.
To explore effects of these drugs on individuals and on society.

Alcohol & Older People

To raise awareness of issues connected to older people and alcohol use. To give greater understanding of the problems faced in this area and to improve effectiveness of working in this area.

Child Development

This workshop focusses on the main developmental stages of childhood and how developmental theories can affect the route to adolescence and a healthy adulthood.

Stress Management

To understand the main causes of stress and how they affect the human body. To explore methods and theories of coping with stress.

Crime & Addiction

To raise awareness of the relationship between these two areas. To explore theories and processes of treating and supporting individuals involved with crime due to addiction issues.

Stress, Depression & Dual Diagnosis

To raise awareness of the relationship between mental health issues and substance misuse. To explore how to identify, assess and support individuals with dual diagnosis.

Sugar Addiction

Is sugar causing the obesity 'epidemic'?

Impact of Bereavement/Use of Substances

This training focusses on the 5 stages of Bereavement as described by Kubler -Ross (1969) and discusses the implications substance misuse related deaths can have on families and loved ones.

Deliberate Self Harm

The workshop covers issues of engagement and motivation, the nature of physical risks, the functional nature of DSH, along with a range of CBT interventions as they apply to Deliberate Self Harm (DSH).

Weapons Awareness: Young People/Parents & Carers/Retailers

TYBUK weapons awareness: will provide learners with knowledge about weapons use and the impact to, not only the victim and the perpetrator, but also incorporate the effects on the wider community. TYBUK training will provide each candidate with a sound knowledge of the law and the medical implications of knife crime on the body. Learners will have an understanding of not only the drivers for weapons possession but will also be equipped with the skills to safely challenge the thought process and beliefs of carriers. The training can be tailored for groups of young people, groups of adults or for retailers.

Treatment Interventions: Motivational Interviewing, Solution Focused Brief Intervention, ACT (Acceptance & Commitment Therapy)

This training begins by describing the process of moving an individual from assessment and diagnosis into treatment intervention. Interventions are discussed as they relate to the technique of motivational interviewing.

Adolescent Mental Health and Substance Misuse

To gain an insight into adolescent mental health issues and how the use of substances can precipitate or exacerbate these.

Attachment, Separation & Loss

This training offers an understanding of how to assess attachment issues in children and young people and develop practical skills in promoting attachments and in promoting resilience. It will help you to work with issues of separation and preparing young people for moving on.

Resilience: A Learnable Skill

What works in building resilience seeks to review strategies, interventions and approaches that can help to build resilience in children and young people.

The training addresses the following questions:

- i) What is resilience and why is it important to child welfare services?
- ii) Why are some children and young people more successful than others at resisting and overcoming stressful episodes?
- iii) How can child welfare services promote resilience?

General Risk Management

An opportunity for workers to reflect on the current practice of clinical risk management within the Pan Dorset treatment system.

By the end of the session the participants will be able to:

Understand risk management in the context of national and local practice.

Describe key concepts of risk assessment and management.

Demonstrate understanding of evidence based practice.

Explore own individual and team practice and reflect on impact of application for self, team and service users/carers.

Effective Supervision for Supervisors.

This course addresses how new supervisors can meet their new responsibilities successfully and excel as a supervisor.

The course focuses on key areas in which all new supervisors must become fully competent in order to perform their jobs well and prepare for advancement. The main objective of this session is to help trainees be the best supervisors they can be. By the time the session is over, trainees should be able to:

- Identify key supervisory skills;
- Manage employees effectively;
- Promote superior employee performance;
- Achieve goals and objectives; and project a competent, confident, and professional image.

Using ITEP Mapping Techniques in Therapy

ITEP has one simple aim – to improve treatment effectiveness. It does this by making the delivery of psychosocial interventions both easier and clearer, and by promoting organisational improvements. In particular, ITEP improves the quality of care planning through the use of a simple manual.

Bespoke Courses & Workshops

Pricing Schedule

Up to 20 learners in a group

£95.00 per hour + 0.45p per mile fuel costs from BH14 9BN

Travel time outside of Poole £40.00 per hour plus venue cost*.

Average cost breakdown for a 3 hour session for 20 people = £285.00 or £14.25 per head.

Over 20 learners in a group or assemblies

£190.00 per hour + 0.45p per fuel costs from BH14 9BN

Travel time outside of Poole £40.00 per hour plus venue cost*.

Average cost breakdown for a 3 hour session for 35 people = £570.00 or £16.28 per head.

Course Materials

An electronic PDF version of the presentation will be emailed to the organiser in advance of the training for dissemination to the learners, free of charge.

*EDAS Learning Centre is available as a venue for delivery of your training at no extra charge (subject to date availability).

Course Accreditation

We can design and deliver a vast range of courses from **NOCN**, Ascentis and **ILM**. Examples of courses that we deliver:

Communication in the Workplace Level 3	£300.00pp
Brief Interventions Level 3	£300.00pp
Introduction to Drug Awareness Level 2	£225.00pp
Introduction to Alcohol Awareness Level 2	£225.00pp
Mentoring Level 2	£225.00pp
Preparation for Employment Level 1	£165.00pp
Recovery Foundation in Life Skills Entry Level 3	£165.00pp

For all other courses, EDAS can offer an attendance certificate with **DANOS** competencies matched to the content.

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